February 2018

FORBES CENTER
FOR REHABILITATION & HEALTHCARE

6655 Frankstown Avenue
Pittsburgh, PA 15206
(412) 665-3232
ForbesRehab.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		*** ALL Activities Are Subject To Change ***		1 10:30 Coffee Talk 11am Catholic Mass 2:30 Bible Study 3:00pm Hand Massage 4:00pm Rosary 6:00pm sing-a-long	2 10:00 Coffee talk 11am Balloon Volley 1:30 1on1 visit 2:30PM Bingo 4pm Weekly Wine down	3 10:30am Coffee Talk 11:00 Kickball 2:30 popcorn & Movie
4 1:45 Church Service 2:30 PM Sunday Tea	5 10:30 Sweating to the oldies 1 PM Music w/James 2:30 Movie & Popcorn 4:00pm Book club	6 10:30 Morning Yoga 11:00 Black history Trivia 2:30 Busso 4:00pm Cookbook talk	7 10am Coffee talk 11am Balloon Volley 1:00pm WALMART TRIP 2:30 art is life 6:00pm	8 10:30 Coffee Talk 11am Catholic Mass 2:30 Pentecostal Temple Church Hour 3:00pm Hand Massage 4:00pm Rosary 6:00pm Black History Movie	9 10:00 Coffee talk 11am Balloon Volley 1:30 1on1 visit 2:30PM Bingo 4pm Weekly Wine down	10 10:30am Coffee Talk 11:00 Kickball 2:30 Crafts with cupid 3:00 Intergenerational singing
11 1:45 Church Service 2:30 PM Sunday Tea	12 10:30 Sweating to the oldies 1 PM Music w/James 2:3 Blackjack 4:00pm Book club	13 10:30 Coffee Talk 11 AM Morning Yoga 2:30 Creative cooking 4:00pm Cookbook talk	14 10am Coffee talk 11am Balloon Volley 2:30 Valentine day Party 6:00pm Movie	15 10:30 Coffee Talk 11am Catholic Mass 2:30 Bible Study 3:00pm Hand Massage 4:00pm Rosary 6:00pm sing-a-long	16 10:00 Coffee talk 11am Balloon Volley 1:30 1on1 visit 2:30PM Bingo 4pm Weekly Wine down	17 10:30am Coffee Talk 11:00 Kickball 2:30 popcorn & Movie
18 1:45 Church Service 2:30 PM Sunday Tea	19 10:30 Sweating to the oldies 1 PM Music w/James 2:30 Movie & Popcorn 4:00pm Book club	20 10:30 Coffee Talk 11 AM Morning Yoga 2:30 Resident Planning Meeting 4:00pm Bowling	21 10:30 Coffee Talk 11am Morning Stretch 1:30pm Trivia 2:30 Card Club 6:00pm Game Night	22 10:30 Coffee Talk 11am Catholic Mass 2:30 Bible Study 3:00pm Hand Massage 4:00pm Rosary 6:00pm sing-a-long	23 10:00 Coffee talk 11am Balloon Volley 1:30 1on1 visit 2:30PM Bingo 4pm Weekly Wine down	24 10:30am Coffee Talk 11:00 Kickball 2:30 popcorn & Movie
25 1:45 Church Service 2:30 PM Sunday Tea	26 10:30 Sweating to the oldies 1 PM Music w/James 2:30 UNO 4:00pm Book club	27 10:30 Coffee Talk 11 AM Morning Yoga 2:30Residnet council 4:00pm Hand Massage	28 10:30 Coffee Talk 11am Morning Stretch 1:30pm Trivia 2:30 Birthday Party 6:00pm Bowling			